

AARYANS COMMANDO

TRAINING CAMP
FOR KIDS

• **BASIC COURSE**
4 DAYS & 3 NIGHTS

• **REGULAR COURSE**
7 DAYS & 6 NIGHTS

• **ADVANCE COURSE**
11 DAYS & 10 NIGHTS



SUMMER CAMP

4 Days - Basic Course

Thrilling, Exciting, New Adventures Syllabus

Batch No.	Start		End	
	Date	Day	Date	Day
BC-1	16th Mar.2025	Sunday	19th Mar. 2025	Wednesday
BC-2	19th Mar. 2025	Wednesday	22th Mar.2025	Saturday
BC-3	23th Mar.2025	Sunday	26th Mar.2025	Wednesday
BC-4	26th Mar.2025	Wednesday	29th Mar. 2025	Saturday
BC-5	30th Mar.2025	Sunday	2nd Apr.2025	Wednesday
BC-6	13th Apr.2025	Sunday	16th Apr.2025	Wednesday
BC-7	16th Apr.2025	Wednesday	19th Apr.2025	Saturday
BC-8	20th Apr.2025	Sunday	23th Apr.2025	Wednesday
BC-9	23th Apr. 2025	Wednesday	26th Apr. 2025	Saturday
BC-10	27th Apr.2025	Sunday	30th Apr.2025	Wednesday
BC-11	30th Apr.2025	Wednesday	3rd May 2025	Saturday
BC-12	4th May.2025	Sunday	7th May.2025	Wednesday
BC-13	7th May.2025	Wednesday	10th May.2025	Saturday
BC-14	11th May.2025	Sunday	14th May.2025	Wednesday
BC-15	14th May.2025	Wednesday	17th May.2025	Saturday
BC-16	18th May.2025	Sunday	21st May.2025	Wednesday
BC-17	21st May.2025	Wednesday	24th May.2025	Saturday
BC-18	25th May.2025	Sunday	28th May.2025	Wednesday
BC-19	28th May.2025	Wednesday	31st May.2025	Saturday
BC-20	1st June.2025	Sunday	4th June.2025	Wednesday
BC-21	4th June .2025	Wednesday	7th June.2025	Saturday



SUMMER CAMP

7 Days -Regular Course

Thrilling, Exciting, New Adventures Syllabus

Batch No.	Start		End	
	Date	Day	Date	Day
RC - 1	16th Mar.2025	Sunday	22th Mar.2025	Saturday
RC- 2	23th Mar.2025	Sunday	29th Mar. 2025	Saturday
RC- 3	30th Mar.2025	Sunday	5th Apr.2025	Saturday
RC- 4	13th Apr.2025	Sunday	19th Apr.2025	Saturday
RC- 5	20th Apr.2025	Sunday	26th Apr. 2025	Saturday
RC- 6	27th Apr.2025	Sunday	3rd May 2025	Saturday
RC- 7	4th May.2025	Sunday	10th May.2025	Saturday
RC- 8	11th May.2025	Sunday	17th May.2025	Saturday
RC- 9	18th May.2025	Sunday	24th May.2025	Saturday
RC- 10	25th May.2025	Sunday	31st May.2025	Saturday
RC- 11	1st June.2025	Sunday	7th June.2025	Saturday



SUMMER CAMP

11 Days - Advance Course

Thrilling, Exciting, New Adventures Syllabus

Batch No.	Start		End	
	Date	Day	Date	Day
AC-1	16th Mar.2025	Sunday	26th Mar.2025	Wednesday
AC-2	13th Apr.2025	Sunday	23rd Apr.2025	Wednesday
AC-3	27th Apr.2025	Sunday	7th May2025	Wednesday
AC-4	11th May 2025	Sunday	21st May 2025	Wednesday
AC-5	25th May. 2025	Sunday	4th June 2025	Wednesday



Basic Activities...

- Horse Riding
- Rifle Shooting
- Inflatable Wall
- Trampoline
- Zumba
- Desi Games
- Boxing Basic
- Melt Down
- Arm Wrestling
- Crazy Roller
- Ambush Training
- Morning Exercise
- Army obstacles (22 Activities)
- 3D 1st Floor (10 Activities)
- Life Skill - Washing Clothes
- Snake & Iguana Handling
- Vegetables & Fruit Garden Visit
- Bird Handling
- Bungee Run
- Bull Ride
- Tractor Ride
- First Aid Lecture
- Zipline
- Rain Dance
- Sumo Wrestling
- DJ & Dance
- Daredevil Activities
- Banji Trampoline
- Snake Bite Training

**REAL
FUN!!!**



Material Requirement List

Basic Course

DRESS

- ◆ Night suites - 2
- ◆ Simple Towel - 1
- ◆ Hand Napkin - 2
- ◆ T-Shirt - 4
- ◆ Dark Shade loose Track pant - 2
- ◆ Undergarments - 3
- ◆ Cap - 1
- ◆ Socks - 3 pairs

TOILETTERES

- ◆ Tooth brush /paste - 1
- ◆ Comb - 1
- ◆ Soap with case - 1
- ◆ Shampoo pouch - min 3
- ◆ Hair oil - small 1
- ◆ Washing soap – 1
- ◆ Hand Sanitizer - 1 Bottle

OTHERS

- ◆ Shoes - (Sports) - 1 pair
- ◆ Slippers or floaters - 1 pair
- ◆ Torch - 1
- ◆ Back Pack - 1/1
- ◆ Water bottle - 1
- ◆ Small lock for the Bag



Regular Activities...

- Horse Ride
- Rifle Shooting
- Inflatable Wall
- Trampoline
- Morning Exercise
- Zumba
- First Aid Lecture
- Zipline
- Rain Dance
- Lathi - Kathi
- Rappelling
- Ship Ladder
- Treasure Hunt
- Zorbing Ball
- Human Gyro
- Crazy Roller
- Life skill - Washing clothes
- Vegetables & Fruit Garden visit
- Snake and Iguana Handling
- Army obstacles (22 Activities)
- 3D 1st Floor (10 Activities)
- Black Mountain trek
- Visit to War Memorial
- Snake Bite Training
- Pyramid Inflatable
- Bungee Trampoline
- Army Based Movie
- Ambush Training
- Bird Handling
- Bungee Run
- Bull Ride
- Tractor Ride
- DJ & Dance
- Desi Games
- Jungle Trail
- Boxing
- Taekwondo
- 3D 2nd Floor
- Wall Climbing
- Rope Bridge
- Body Zorbing
- River Crossing
- Melt Down
- 360 Degree Cycle

SHOOT



Material Requirement List

Regular Course

DRESS

- ◆ Night suites - 3
- ◆ Simple Towel - 2
- ◆ Hand Napkin - 3
- ◆ T-Shirt - 4
- ◆ Dark Shade loose Track pant - 2
- ◆ Undergarments - 4
- ◆ Cap - 1
- ◆ Socks - 4 pairs
- ◆ Jacket - 1 (Black Mountain Tre

TOILETTERES

- ◆ Tooth brush /paste - 1
- ◆ Comb - 1
- ◆ Soap with case - 1
- ◆ Shampoo pouch - min 3
- ◆ Hair oil - small 1
- ◆ Washing soap – 1
- ◆ Hand Sanitizer - 1 Bottle

OTHERS

- ◆ Shoes - (Sports) - 1 pair
- ◆ Slippers or floaters - 1 pair
- ◆ Torch - 1
- ◆ Back Pack - 1/1
- ◆ Water bottle - 1
- ◆ Small lock for the Bag



Advance Activities...

BREATHTAKING OBSTACLES

- Balance Beam
- Crossing
- China Wall
- Zig - Zag Climber
- Hoppy Obstacle
- Ritzy Steps
- Knotty Rope Climber
- Tarzan Wall

GUSTY - CRUSTY

- Taekwondo
- Yoga - Meditation
- Danpatta
- Sword Swing
- Lathi - Kathi
- Boxing
- Arm Wrestling
- Kabbaddi
- Rugby
- Football

INCREDIBLE INFLATABLES

- Parachute Riser
- Rock Climber
- Crazy Bull Rider
- Trampoline Jumper
- Bungi Run
- Sumo Wrestling
- Zorbo Rolling
- Melt-Down

THRILLING ADVENTURE

- Zipline
- Enthralling Cross Rope
- Burma Bridge Crossing
- Flying Fox
- River Crossing

SENSATIONAL OBSTACLES

- Dirty Bar Balance
- Camel Balance
- Victoria Balance
- Army Net
- Commando Net

COURAGEOUS CLIMBER

- Sensational Climbing Wall (65 ft.)
- Risky Rappelling
- Thrill - O - Ladder Climber
- Commando Rappelling

LIFE SKILLS TRAINING

- Horse Riding
- Tractor Ride
- Camp fire
- Washing clothes
- Snake Bite Training
- Cooking in Jungle
- Camel Ride
- First Aid Training
- CPR training
- Utensil washing
- Fire fighting
- Horse Trailing

- Bullock - Cart Ride
- Rifel Shooting
- Best out of waste training
- Cleaning the Premises / bed
- Animal Bathing & Cleaning
- Archery

WALKY - TREKKY

- Short Trek
- Night Trail
- Dare - U
- Walking on Broken Glass pieces
- Wattery - Lottery
- Long Trek
- Ambush Training
- One Minute Game
- Piercing the Potato with Straw
- Rain Dance
- Night Trek
- Day Long Trek
- Aangare Walk

BIRDS & ANIMALS DELITE

- Peacock Watch
- Exotic Birds Handling
- Domestic Animal Handling



Material Requirement List

Advance Course

DRESS

- ◆ Night suites - 4
- ◆ Simple Towel - 2
- ◆ Hand Napkin - 3
- ◆ T-Shirt - 6
- ◆ Dark Shade loose Track pant - 2
- ◆ Undergarments - 6
- ◆ Cap - 1
- ◆ Socks - 6 pairs
- ◆ Jacket - 1 (Black Mountain Trek)

TOILETTERES

- ◆ Tooth brush /paste - 1
- ◆ Comb - 1
- ◆ Soap with case - 1
- ◆ Shampoo pouch - min 3
- ◆ Hair oil - small 1
- ◆ Washing soap – 1
- ◆ Hand Sanitizer - 1 Bottle

OTHERS

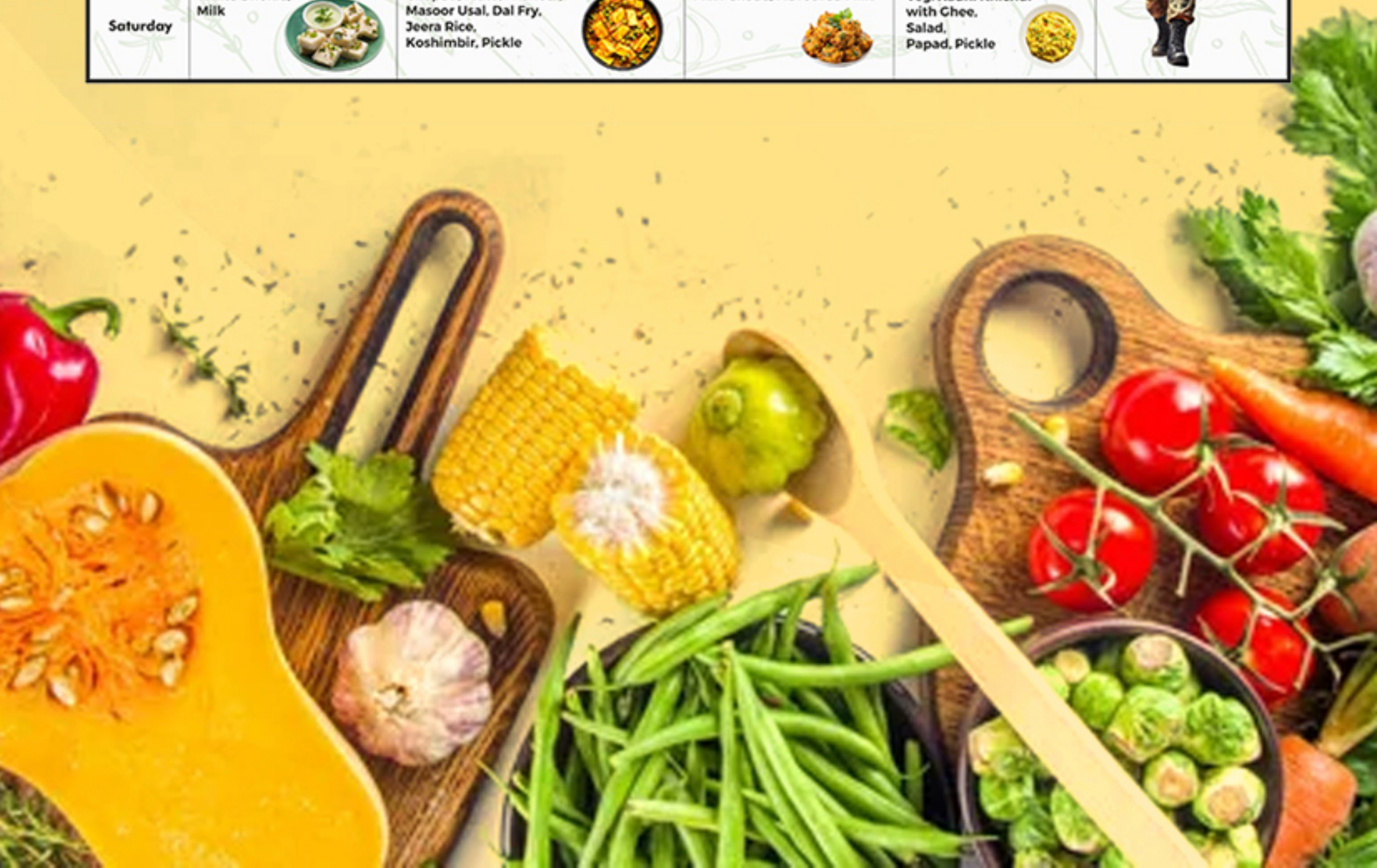
- ◆ Shoes - (Sports) - 1 pair
- ◆ Slippers or floaters - 1 pair
- ◆ Torch - 1
- ◆ Back Pack - 1/1
- ◆ Water bottle - 1
- ◆ Small lock for the Bag



Food Program

Only Veg. Food / Special Jain Food

<div>  ACTC FOOD MENU (Only Veg. Food / Special Jain Food)  </div>					
Day	Breakfast	Lunch	Refreshment	Dinner	Bus Parcel
Sunday	Shevai Upma, Milk 	Chapati, Paneer Butter Masala, Jeera Aaloo, Dal Fry, Jeera Rice, Salad, Pickle 	Kothmbir Vadi, Kokam Juice 	Pav Bhaji, Pulav, Salad, Papad, Pickle 	Note : Every Wednesday Special Feast like 1. Gulab Jamun, 2. Shrikhand, 3. Amrakhand, 4. Jalebi 5. Fruit Custard. 
Monday	Green Peas Poha, Milk 	Chapati, White Peas Usal Gravy, Chinese Cabbage, Daal, Rice, Papad, Pickle 	Club Sandwich, Flavoured Milk 	Palak Paratha, Daal, Rice, Salad, Papad, Pickle 	
Tuesday	Veg Upma, Milk 	Chapati, Rajma Gravy, Bhindi Fry, Dal Fry, Jeera Rice, Salad, Papad, Pickle 	Corn Bhel, Lemon Juice 	Veg. Manchurian, Veg. Hakka Noodles, Schezwan Rice 	
Wednesday	Idali Chutney with Sambhar, Milk 	Chapati, Palak Paneer, Cauliflower Mutter Dry, Daal Fry, Chee Rice, Frymes, Pickle 	Mix Pakoda (6 pieces), Butter Milk 	Missal Paav, Green Peas Pulav, Salad 	
Thursday	Peanuts Poha, Veg Maggi, Milk 	Chapati, Shev Bhaji, Moong Usal, Daal Tadaka, Jeera Rice, Raita, Pickle 	Samosa, Kokam Juice 	Tomato Soup, Red Sauce Pasta, Veg fried Rice 	
Friday	Veg Shevai Upma, Milk 	Chapati, Green Chana Usal Gravy, Soyabean Malasa Rice, Tomato Saar, Salad 	Watermelon Plate 	Hyderabadi Biryani with Chee, Salad, Papad, Pickle 	
Saturday	White Dhokla, Milk 	Chapati, Mutter Paneer, Masoor Usal, Dal Fry, Jeera Rice, Koshimbir, Pickle 	Mix Pakoda, Flavoured Milk 	Veg. Kadhi Khichdi with Chee, Salad, Papad, Pickle 	



TRANSPORTATION



Pick up & Drop facility is only for Mumbai

- ◆ 360* Surveillance CCTV
- ◆ Air Conditioning
- ◆ Clean Interior Bus Facility
- ◆ GPS - Real Time Monitoring
- ◆ Emergency Equipment & Exit



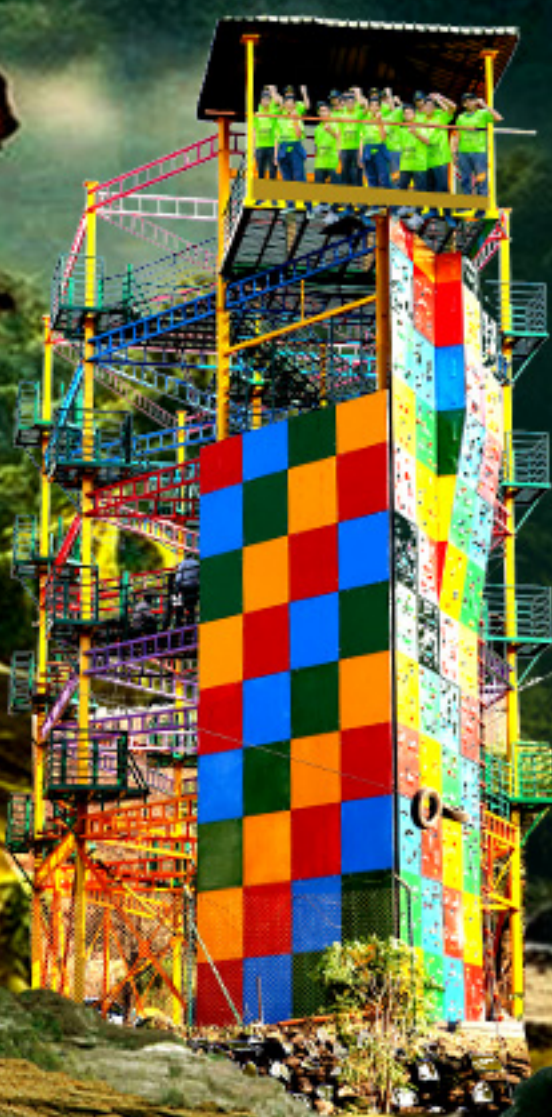
AARYANS COMMANDO

TRAINING CAMP FOR KIDS



BE... ROUGH & TOUGH

Residential Camp for Boys & Girls (7 yrs. to 17 yrs.)



 **9555992200**



WHATSAPP 8390339988
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